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FOR IMMEDIATE RELEASE

Allegheny Power Station Employees Recognized for Worksite Wellness

GREENSBURG, Pa., November 28, 2005 – Employees at Allegheny Energy’s (NYSE: AYE) Fort Martin and Albright power stations recently received the “Gold Well Workplace Award” from the Wellness Councils of America. This award recognizes quality and excellence in the promotion and support of workplace wellness programs.

“Our employees understand the importance of workplace wellness and continually make the effort to improve their own well-being and that of their co-workers,” said Allen McDonald, Allegheny’s Regional Director for Fort Martin and Albright. “People are the heart of our organization, and their health and safety is our priority. We are very proud of this accomplishment.”

The Wellness Councils use a rigorous set of criteria that include senior level support for the wellness program, the cohesiveness of the wellness team, the effectiveness of the wellness operating plan, the level of employee involvement and the effectiveness of ongoing evaluation. Fort Martin and Albright employees received the Council’s Bronze Award in 2000, followed by the Silver Award in 2002.

Allegheny Energy’s corporate wellness program aims to inspire employees to adjust their lifestyles and adopt behaviors that will lead to a healthier way of life, while at the same time reducing the company’s health care costs. Included as part of the program are health risk appraisals, blood testing, health fairs, ergonomic work station analysis and wellness education. Allegheny Energy recognizes that healthy employees are happier, more productive and less likely to spend time away from work.

Allegheny Energy

Headquartered in Greensburg, Pa., Allegheny Energy is an investor-owned utility consisting of two major businesses. Allegheny Energy Supply owns and operates electric generating facilities, and Allegheny Power delivers low-cost, reliable electric service to customers in Pennsylvania, West Virginia, Maryland, Virginia and Ohio. For more information, visit our Web site at www.alleghenyenergy.com.

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