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FOR IMMEDIATE RELEASE

**Fort Martin, Albright Power Station Employees Recognized at 16th Annual
West Virginia Governor's Conference on Worksite Wellness**

Hagerstown, Md., October 23, 2002 – Employees at Allegheny Energy Supply's Fort Martin and Albright Power Stations were honored this week by the Wellness Councils of America (WELCOA) at the 16th Annual West Virginia Governor's Conference on Worksite Wellness. The stations each were recently designated as a Silver Well Workplace. This prestigious award recognizes quality and excellence in worksite health promotion.

This is the second time that Fort Martin and Albright were designated by WELCOA as being two of America's healthiest facilities. In October 2000, the stations were each designated as a Bronze Well Workplace.

This year's conference, *Worksite Wellness: Make It Work For You*, was held at the Marriott in Charleston, W.Va., from October 21-22. The conference focused on programs designed to address current health and disease prevention issues relevant to worksites. In addition, it addressed the need for companies to provide broad-based health promotion and disease prevention programs for their employees.

"Employees at Fort Martin and Albright Power Stations are pleased that we were able to improve our status from a Bronze to a Silver Well Workplace," says Lloyd M. Lohr, Regional Director, Fort Martin/Albright Region. "It is important to remember that people are the most important asset in any organization, and healthy employees are generally in better spirits, more productive, and, on average, less likely to spend time away from work. Now that we have achieved Silver status, our next step will be to go for the Gold."

The Fort Martin and Albright Power Stations, located in Madsville, W.Va., and Albright, W.Va., respectively, have an established Wellness Team whose vision is to provide opportunities and motivational programs for employees to improve their overall well-being and quality of life. The mission of the Wellness Team is to be a leader within Allegheny Energy and the industry by providing quality programs, training, and education.

"The continuing success of our program can be attributed to the willingness of each and every employee to participate and provide meaningful input to the Wellness Team," says John T. Holt, III, Regional Wellness Coordinator, Fort Martin/Albright Region. "The Silver Well

Workplace designation we received was truly a group effort. The entire region, and all of the Wellness Team members, should be extremely proud of this achievement; but we aren't done yet. We have already started working towards our next goal of becoming a Gold Well Workplace.”

According to WELCOA, companies earning the Silver Well Workplace Award have demonstrated that their workplace is supportive of employees' efforts to modify health risks, and improve overall health and well-being – both in terms of organizational environment and policy.

One of the benefits of being designated as a Silver Well Workplace is that the Wellness Team will be able to incorporate feedback from WELCOA to improve and advance its current health promotion program. The “Silver” designation is in effect for three years; however, the Wellness Team can reapply during this period to try and improve their status to a “Gold” Well Workplace. The “Platinum” level is reserved and can only be achieved after being invited to apply for the designation by the board of WELCOA.

Companies considered for the Well Workplace Award are evaluated according to a rigid set of criteria, including: senior level support of the wellness program; wellness team cohesiveness; data collection to drive programming efforts; operating plan effectiveness; employee involvement; creating a supportive environment; and constant evaluation of the program. Companies who meet the defined health promotion standards are designated by WELCOA as among America's healthiest companies.

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